

What's Going On Here?

The law of the wise is a fountain of life, that he may decline from the ruin of death.

ABOUT THE UNDERSTANDING OF "I"

The pronoun "I" is probably the most used in verbal comments and conversation. To most people in the world this makes little difference, however, to the person intent on the spiritual life, integration, it makes all the difference.

To see the nature of the material side of being, the body, is fairly simple; the body is the motor function of X. A body without X, the non-material, non-physical aspect of living, is a dead non-functioning thing, that rapidly disintegrates into elements. By the same token, the awareness function of X or Spirit, which almost constantly says "I" and takes credit for almost everything except that which is unliked, which is blamed on something by "I", without X simply ceases to exist.

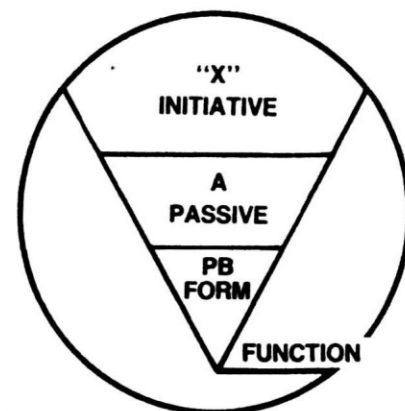
If this matter of "I" is carefully considered by attention and concentration, one sees that awareness is really a function and not a thing, just as heartbeat is function not thing, that digestion is function not an entity. Where there is this recognition, this perception, then awareness can experience directly the purpose of awareness; it is to supply accurate information to X as to the state of affairs as the moment (sometimes referred to as "reporting to X"). There is also the awareness that the awareness function does not know what should be, what ought to be. For instance, the unrealized awareness, if it could, would always stop all adaptation by X for the body, simply because the unrealized awareness has established a purpose for its taste that everything painful or unpleasant is bad and should not be. This would result in a very short life span. The realized awareness simply reports the situation present, full well knowing that reporting is what the awareness function is designed to do, just as the digestive function is to digest food, not tell X what it should do with this mess of pulverized greens, bread, meat and veggies.

The realized awareness function begins to behave as a function and not as an entity, and this brings balance into living. Balance is integration.

The integrated being, X and its motor function the physical body, and its awareness function the mental aspect, is one and no longer is heard from this individual such comments such as "I" have a body which "I" must take care of, "I" have a soul which "I" have to see is saved, "I" have a mind which "I" must improve, "I" have enemies which "I" must overcome, etc., etc. Instead there is accurate reporting of what is, moment to moment, well knowing that X always does the appropriate thing for the information it receives from the awareness function, both the conscious and the sub-conscious levels.

Then is seen the real expression of X (Spirit) - a loving attitude, a serving of all life, reverence for all life (thankfulness), forgiving, tenderness, the giving of freedom to all, instead of attempting to gain control.

The inner experience is that of oneness with the Friend, the experience of belonging, the experience of that which is meant by the word "Happiness".



Awareness, as a passive observer, perceives that which is the environment, relays the true perception to X which causes the body to respond with feeling, causing chemical function to do what is necessary to meet the true conditions in the environment. When A is passive, X takes the initiative, and the body remains in true form and functions in balance with reality.

Bulletin Board

FOR READERS

The following books may contain some interesting and worthwhile information:

HEALTH & HEALING, Andrew Weil, M.D.,
Houghton Mifflin Co.

LEARNING HOW TO LEARN, Idries Shah,
Harper & Row.

THE STORY OF THE OTHER WISE MAN,
Henry van Dyke, Ballantine Books.

WORKSHOPS

SALT LAKE CITY - June 21 - 23. Call the office for details.

LOS ANGELES - July 21 - Call Leland Stevenson (818) 890-1078 days, or Jean Crown nights at (213) 665-1398.

FLORIDA - August 18 - Call Beryl Rosenblum (813) 734-3068.

NOTICE TO SCHOOL TALK SUBSCRIBERS

A yellow dot on your address label of Tape #51 means your account is up-to-date. A green dot means you are a little behind. If you didn't receive #51 it means you are behind a lot. We appreciate having your payment once a month. We are not in a position to extend credit, and the bookkeeper is VERY grateful to have accounts up-to-date, keeping paperwork down. Thanks!



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WHAT am I?
WHERE am I?
WHAT'S going on here?
WHAT can I do?



Bits & Pieces from School Work

The very fact that man is continually craving for happiness shows that the real element, which may be called man's real being, is not what has formed the body and what has composed the mind, but what he or she is in the real world. (H.K.)

There is no pleasure in the world, however great, and no experience, however interesting, that gives one the satisfaction that peace alone can give. Peace comes when awareness recognizes Not-I's for what they are and ignores them as having no value.

What one pursues, what one seeks, is a feeling of freedom. However nearly everyone pursues freedom wrongly. Each seeks to be free FROM something, but real freedom is freedom TO---

The central idea of life today is self-assertion, still there is taught modesty.

Brighten Your Corner

Have you noticed the great difference between the people you meet? Some are as sunshiny as a handful of forget-me-nots. Others come on like frozen mackerel. A cheery, comforting nurse can help make a hospital stay bearable. An upbeat secretary makes visitors glad they came to see you. Every corner of the world has its clouds, gripes, complainers, and pains in the neck—because many people have yet to learn that honey works better than vinegar. You're in control of *your* small corner of the world. Brighten it. . . . You *can*.

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