



What's Going On Here?

Letter from Rhondell

We are frequently asked "What is the purpose of the Teaching?" There are, of course, many purposes but we will assume for the moment that the question refers to the ultimate purpose. The ultimate purpose of the Teaching is to prepare the student to be capable of being aware of the many levels of consciousness or inner feeling and to be able to choose and generate or bring into being any level of consciousness so desired, because many areas of service can only be rendered when in a given state of consciousness or being. Healing, for instance, cannot be practiced while in the state of consciousness called fear, or in the state of anger, etc., etc.

Many of the ideas of the teaching are to make the student aware of the usual states of consciousness by the use of tools such as the "Picture of Man", the "Tone Scale", etc.

Much work on self-knowing is necessary before the potential student can remove the obstructions to higher states of consciousness, thus the reason for schools. Only by being at least somewhat familiar with the possibility of many states of consciousness can the student begin the work of actualizing these states of consciousness in his or her own being. This is the stage wherein the potential student becomes a student.

Many people are present in a school setting who first must attain a desirable state of well-being before they could be considered a potential student. Some have to learn first the most fundamental knowledge of how not to destroy the body then how not to disintegrate the whole Being. Being a potential student, much less being a student, requires too much energy for sick or disintegrating persons to be involved. So in a school situation many levels of work are going on at the same time. First, to make possible the transformation of sleeping, disintegrating persons into potential students, then the transformation of potential students into students, then students into beings who experience any level of consciousness required for the task at hand.

Guest Book

Gary Thompson, Ron Fricke from Los Angeles, Laveena Smith from Salt Lake City, Ruth Hiltz from Virginia, Liz Monroe and son Harvey, and G Walton from New Mexico, Victoria Hernandez brought her brother and nephew from Colorado, Phil Blecker from Austin, locals Chris Allan, Helen Turley and Ralph Borkman, and of course, our own David Whiteside has been here many times, as well as a visit from his wife Donna and their daughter Kim.

I BELIEVE

that I have free will

AND

that YOU can control

my feelings by

your behavior.



WHAT IS MEANT BY BEING ASLEEP?

A frequent question asked by callers is what is meant in the teaching by the statement that most are asleep all the time?

The most profound state of being asleep is the usual state of many, many individuals of taking everything, and everyone in their circle of associates, for granted.

The Seven Wonders of the Ancient World are as nothing compared to the wonders in our everyday world. For instance, compare the highway and road system of the U.S.A. to the Great Pyramid; how ever we marvel at the pyramids, scholars write many books about them, tourists travel thousands of miles to see and photograph them. But what about the marvel of the roadways of the U.S.A.? This great accomplishment of engineering is just taken for granted, little if any feeling of awe, wonder or gratitude arises in the individual. On the contrary, there is frequent fault-finding with the bumps and cracks that might be present; & more complaints when a repair crew is present.

Another example of a modern wonder that is just taken for granted is the distribution system. Just walk into any supermarket -- food from anyplace and every place is arrayed for your convenience. Apples from Washington, blueberries from New Jersey, tomatoes from California, strawberries from Kentucky, chutney from England, curry powder from India, baking powder from Indiana, pineapple from Hawaii, flour from Minnesota, shrimp from Taiwan, fish from all parts of the world, and on and on. Is one thankful for all this bounty being brought to this one place for the convenience of everyone, or is there complaining because of the long lines at the checkout counter?

This is enough for an example, but I could go on and on for volumes of books on the modern wonders.

As an exercise in being awake, suppose that we pay attention to these many modern wonders and be thankful for the bounty in our everyday living. Not just in the examples given here, but look for wonders and you will see more and more every day. You can find yourself awake, full of wonder, awe and thanksgiving; a much, much higher state of consciousness than merely sleeping through day after day without seeing anything to be in a high state of being over. Reading about this will

Several people have asked recently, What is the difference between feelings and emotions?

FEELINGS - such as love, joy, peace, interest enthusiasm, bliss, etc - are all inner states that one experiences when things are going well, and belong to the higher states of consciousness.

EMOTIONS - anger, fear, guilt, insecurity and their many synonyms - are lower states of consciousness usually based on blame because one is not comfortable or having one's way.

A big bird might land on my head, but I don't have to let it build a nest there!

I CAN CHOOSE MY OWN INNER STATE.

**What am I?
Where am I?
What's going on here?
What can I do?**

Please refer to Vol. 1, No.1.

Party Food



DR. BOB'S AMBROSIA

Great hot weather dish.

- 2 cups seedless grapes (red or white) cut in half
- 4 oranges peeled & cut into approximately 1" cubes
- 2 grapefruit peeled & cut into approximately 1" cubes
- 4 bananas, sliced
- 1 regular can chunk pineapple including juice
- ½ pkg. Angel Flake coconut
- 4 Tbs. sugar
- 2 Tbs. greandine syrup

Mix all in a large bowl. Chill for one hour or more before serving. Will keep in refrigerator for several days.

Snake

By ANNE HERBERT

In the beginning God didn't make just one or two people, he made a bunch of us. Because he wanted us to have a lot of fun and he said you can't really have fun unless there's a whole gang of you. So he put us all in this sort of playground park place called Eden and told us to enjoy.

At first we did have fun just like he expected. We played all the time. We rolled down the hills, waded in the streams, climbed the trees, swung on the vines, ran in the meadows, frolicked in the woods, hid in the forest, and acted silly. We laughed a lot.

Then one day this snake told us that we weren't having real fun because we weren't keeping score. Back then, we didn't know what score was. When he explained it, we still couldn't see the fun. But he said that we should give an apple to the person who was best at playing and we'd never know who was best unless we kept score. We could all see the fun of that. We were all sure we were best.

It was different after that. We yelled a lot. We had to make up new scoring rules for most of the games we played. Other games, like frolicking, we stopped playing because they were too hard to score. By the time God found out about our new fun, we were spending about forty-five minutes a day in actual playing and the rest of the time working out the score. God was wroth about that — very, very wroth. He said we couldn't use his garden anymore because we weren't having any fun. We said we were having lots of fun and we were. He shouldn't have got upset just because it wasn't exactly the kind of fun he had in mind.

He wouldn't listen. He kicked us out and said we couldn't come back until we stopped keeping score. To rub it in (to get our attention, he said), he told us we were all going to die anyway and our scores wouldn't mean anything.

He was wrong. My cumulative all-game score is now 16,548 and that means a lot to me. If I can raise it to 20,000 before I die I'll know I've accomplished something. Even if I can't — my life has a great deal of meaning because I've taught my children to score high and they'll all be able to reach 20,000 or even 30,000 I know.

Really, it was life in Eden that didn't mean anything. Fun is great in its place, but without scoring there's no reason for it. God has a very superficial view of life and I'm glad my children are being raised away from his influence. We were lucky to get out. We're all very grateful to the snake. ■

