

THE WAY of Intelligence

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Free

Shock & Awe

Sorry, I couldn't resist... Three good friends who have been studying THE WAY of Intelligence for 15+ years, and a couple more, newer, have told me of having recently been shocked into evolutionary new discoveries, and of their awe at what they now perceive.

Dear Bird pushed on a stuck screen door and was literally projected through the air, to land on and break her right arm and wrist. She said it felt like slow motion and as she was sailing thought "I am free to experience this." At the emergency room, she watched herself and everyone else and felt detached and observant, remembering "I am free to experience this." Bird is close to 80. (And among the most alluring women I know.)

She is in awe, still, at how her new perspective of observation, freedom to experience whatever arises, and knowledge that "All is well," has utterly changed a situation from what it might have (read would have been) a situation of pity, blame, anger, frustration and so on to one of equanimity and grace--not only for her but for those around her, including the door's owner.

Another friend, during yet an-

other crises of the day regarding family and friends, found herself shocked to suddenly see the 4th Dual Basic Urge running her life, and is in awe at the blessed relief she now feels at just letting everyone just be. She told me, "For the first time I truly understand and feel that All Is Well."

My pal P. phoned with this shocker, laughing: "Last night I

read a two-year old notebook and saw that then I was complaining to you about the identical situation I am now, even though I have moved on to completely new circumstances! It's not the job--it's my perception of

it!" He's in awe of this revelation (although I've told him that at least a hundred times. We can't see until we can see, period).

I've been really delighted to have heard several of these stories lately. THE WAY of Intelligence says, "You won't see until your necessity is increased--increase your necessity." It is sometimes said the only way we really learn is via a shock. I know these shocks are sometimes humiliating, sometimes hard-going, sometimes just grace from on high, but in every case, always produce a feeling of awe, when we finally see.



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Chat Room

CT--*That these may, or may not be—it depends on who's doing the selling—the "end times" is a tiresome bore. Rather, on "the eighth day of the week", from a previous newsletter. Might this "eighth day" be a time of celebration, and of joy? And even, for a Worker, of relative ease? And the glorious joyousness of BEING continuing. And might this Day be a mercy...to X. (ThanX)*

Those on THE WAY of Intelligence have boundless compassion for all those suffering, whether suffering from effects of war or suffering from ignorance, AND make every effort to observe these worldly events as forms and results (3rd 4th Force) of all that's gone before (1st, 2nd and 3rd Forces) AND know it is a game (a deadly one) but a game nonetheless. And, we hope, for workers, a spectator sport only.

This sounds like conflicting points of view to the uninitiated; it is, rather, a paradox from the spiritual point of view.

HI, CT, *Hope you don't mind my writing to you so soon. Have been considering the question to you for the newsletter. This is a time of CHANGE and reforming on many levels. Life is moving and changing things around, events. Life is very, intimately, aware of each of us. This is also a time of education for each, for example, with the Hawks and the Doves battling it out, on a world scale. Now, the event going on out there are so absurd, so extreme, that it*

can only be LIFE'S hand...and this is the Eighth Day, and one action can do is go with it..not fight it..and assist LIFE in it's awakening. (Would James deny this experience to X?) Love, James

I don't see a question here, rather an astute observation. The only quibble I might have is this: when was it not a time of change? It all "comes to pass" as Rhondell used to enjoy saying. It's ever changing, all the time. Just seems like it's happening a lot faster these days—maybe because we aren't spring chickens anymore, or maybe it is moving along at a quicker pace—or, more likely, a combination of the two.

For new people who cannot see "Life's hand" in such wanton destruction, death, suffering, depravity, I will clarify a bit what you mean. The carnage we are treated to on TV 24 hours a day is indeed Life at work—responding appropriately to the information it received. I'll spell it out in the Picture of Man for Warmongers on the last page.

Following are Rhondell's thoughts on the subject. (Despite the hoo-haws—including my own—I'm going to stay with the colored type for Rhondell's words, I think it's easier to see who's saying what. Comments in parentheses are from the audience.)

Now we probably have invented a lot of excellent superstitions about X. First off, we always assume that it's good, whatever that may mean. You know, it's good. It never does anything bad. But if you should

want to kill somebody, does it pull the trigger? Do you know to move the muscle in your finger? Do you? (Yep.) Do you know how to stand up? I want you to stand up. And before you do, I want you to tell me in sequence, which is the first, second, third—(I can't do that.) Then you don't know how to stand up, do you? (It's automatic.) Well then it's not automatic, if it's automatic you'd keep on doing it when you're dead, wouldn't you? (laughter) (I figure I don't have to, I don't have to think about it.) Then you don't know anything about it, do you? You can only be aware you want to stand up, consciously that you want to stand up, and X will stand you up. If you consciously wanted to kill somebody, including yourself, it'd do that too, wouldn't it? (I don't know. That's what you're telling me.) Well, did you ever try it? (What?) That whatever you ask it to do consciously it does it. (I don't, I don't—) (laughter) Huh? (I'm not familiar with, I don't know. How can I be aware of something when I'm—) When you're sound asleep. (laughter)

You know, the first thing we said we were here for was to wake up. Right? And to watch what the mind was doing, right? (Right.) So, I notice that when you're conscious of something that you let X know it and X immediately moves the body and got it out of the way, is that right? (I don't know.) (laughter) You're so asleep you don't even see what's happening? (That's right.) Huh? (That's probably right.) Why don't you go to bed somewhere? Huh? Re-

ally, what are you taking up space for? If you can't see that much (Well I see what you've got on the board, yes.) Well? I can see, everybody can see that. Can you see what's taking place in you? This is what we're interested in. What I've got on the board is immaterial. Can you see what's taking place in you? (Yes, I mean, I can—he makes funny good-natured remark, unintelligible—laughter.)

Then you see what's taking place in you. In other words, when you're aware, conscious of a danger. Now if you were not conscious of this, you wouldn't send any information to X. Now you don't know how to move the body, you just got through discovering that, I think.

(I send information somewhere but I don't know where it goes.) Well all right. It goes to something that has some power, is that right? (It causes me to move, yes.) And it will do whatever seems to be appropriate from the consciousness that went in, seemingly. Because if it's to jump, cringe, or you thought it was appropriate to shoot, , it would shoot, is that right?

So then is X something that's always good, always full of good will and love, or is it unconscious also, as far as our little morals and etc. are concerned, and does what is appropriate for the information sent it.

Now the information No.1 [Not-I] sends says complain, this one says blame, this one says kowtow, this one says believe, be gullible, etc. And so it goes merrily on its way doing it, right? (Sure does.)

Then we have been thinking in terms that X would always do what? Be a good little thing, is that right? (laughter) (It would be a monitor and straighten things out.) Right. But you see, it doesn't monitor, that belongs to this [Awareness] from here to here [X] and most of it is sending in erroneous information. And this one stays asleep most of the time, huh?

And then of course what does the life that is lived with this one operating it like? (Hell.) Good. That's where it belongs, doesn't it. One after the other, one trouble after the other, they always going to straighten everything out, and we have great hassles, hmm?

Now, does X go to do anything? Only the information it receives. Now, we build up such pleasant little ideas—we build up nice superstitions, and we attribute all sorts of our little earthly morals that we got here, to X. Now X is complete, huh? Being complete, it is capable of all things, right? And if you're going to be complete, would you know that you are capable of all things?

You are capable of murder. Some other human has, so therefore you're capable of it, is that right? Somebody has been capable of robbing, so every one of us has that potential in us. Anything that any human has done, every one of us has the potential of doing it. Okay?

What happens to the essence of these depraved people we are hearing about in Iraq? N

The previous talk by Rhondell

makes clear (if you check it out) that X will do whatever is reported to be of value to awareness. What is of value to people is feeling--think of anything you do that is not done to gain a feeling--you can't, really. Even a fully conscious master is operating from feeling, of love of Life, for instance, if he were, say, a teacher.

Do you want more money--or do you want the feeling you would associate with having more money? Do you want a beloved--or do you want the feelings associated with romantic love? A new job--or the relief of getting out of the old one? The motive for anything is a feeling, even if, for instance, we do something unpleasant out of a sense of duty--duty fulfilled creates a feeling.

We like to think we want only lofty feelings, but is that so? You can run some experiments with this, if you wish--it's pretty ugly--or you can pay attention to what you see on the news, for instance, and learn almost as well: Depraved people get certain feelings from depraved acts that they like. Power, essentially. A very potent feeling, and the old saw "Power corrupts, absolute power corrupts absolutely" is utterly true for anyone with the Four Dual Basic Urges as the purpose of living.

People who torture animals, women, children, prisoners, are completely identified with the senses. And to be honest, isn't it just a matter of degree?

Hi Christine, Last night upon retiring I finished one of the tapes, The Fourth Way, and this morning I

awoke smiling. I loved the analogy of the Not-I's as traffic. On my walk today as a "thought" would fill the space, the words "Oh, it's just traffic!" would come to mind along with a smile. That sure lightened my mood. I was raised in rural environs and when I later visited the elderly couple who cared for me when my dad was in the war and mom working at a defense plant, I had to get "used" to the traffic noise as they had relocated to an urban setting. Similarly memories of the El rumbling by in Evanston and the flight pattern of Washington National Airport are all helpful reminders of what it is to notice but not be "bothered" by traffic!

The other notion I picked up on the other side of the tape was about the Partnership and how doubt gets in the way of that Partnership. I liked that a lot. Doubt is easier to tackle or confront with a dose of confidence (faith?) where vanity and pride isn't rife. But in those areas where pride and vanity are high, doubt about the Partnership is much more difficult to combat (Is that the right word? The war even creeps into my language.) Perhaps an example will help. I am a self taught golfer learning by watching as a young caddy, reading some books, but mostly by playing. As a young man I was pretty good, shooting in the low 70's. I took off about 20 years while I was actively working and raising my family. When I retired early I began to play every week day and my game returned to low 70's. This level of accomplishment continued for several years when I made it IMPORTANT that I get even

*better and lo and behold I got worse!!! Finally, I got so bad that I quit and just played tennis for fun which I got pretty good at as well. After several years I took up golf again only to find that fairly quickly I returned to my previous level of performance and got better!!! I was now shooting par on a regular basis. It became an expectation (here's the vanity and pride) and as more of my time was required elsewhere it was an expectation that wasn't met with much frequency so I began to take lessons and read more books and practice more than I "played." My performance suffered and still does, so much so that yesterday after my round I reread *The Mystery of Humiliation*. :-) This is definitely a pattern!! I don't know whether it's the doubt that's so entrenched or the notion of the World that I can get better with training or having so many different "teachers" but there are several other areas of my life where a pattern such as this occurs. I'm hopeful that with Work I can re-establish that golfing Partnership and see the dream patterns of frustration turn into ones of completion. J*

As I told you when I asked permission to print your email, this is just the type of correspondence readers have been asking for. Thanx for your contribution

*H*ello, Am far from getting through the new THE WAY of Intelligence but that has to do with my savouring every word and trying it on my mind, and to my great joy, here was something I didn't expect to see as the

newsletters tend to present the principles we've had before us for years but in different ways with the hope they will come alive for us, or we'll wake up!

But here was the startling news that X takes initiative when we ourselves have achieved peace of mind, and true creativity is the result. How magnificent. It will be 20 years on '04 for me in the Work and it was like coming full circle to see KTMU & NMAI [Rondell's Secret to Living: Keeping the Mood Up & Not Making Anything Important] in the strategic position they've always been in, but my working all around them and not really grasping how very essential they are and how sufficient unto themselves they are. How one learns has always been so fascinating to me.

It is fascinating to me too that the evening of the day that I felt such a breakthrough in the newsletter, that morning, early, I had felt a state of consciousness I had never felt before. It was exhilarating and ethereal but couldn't have lasted more than a fleeting second. I was standing with a man on one side of me and maybe it was light I saw, I don't know, but whatever it was, I felt it too. The highest joy but too overwhelming for me to hold on to, and it vanished, I felt because I couldn't grasp it. So I pray I will have a return experience. I don't think it was a dream as I was fully conscious. I don't know who the man was but he was not central to the experience, more of an escort or counsel standing with me at the bar and I know not whom I faced. It was a mighty experience.

Well! Not much I could add to that, except to point out yet again that we can't see until we can see, and if that applies to me it applies to everyone, and has to plant a seed of compassion. Thanx for your wonderful letter. I thought you might enjoy the following from Rhondell:

(Man in audience: I want to get rid of the Not-I's.) You want to. Anything you want to do, Joseph, you DO. What you "want to want to do," you don't. You're like the alcoholic that want to want to quit drinking. When he really wants to quit, he quits. As long as he only wants to want to quit, he's in conflict about it and says "I want to BUT." (laughter) One time we were called out to talk to a good drunk, you know, an old alcoholic, he'd been at it for years. We were talking with him and he said, "Oh boy, go on, I appreciate your coming to see me, but it's too late." And we said, "It's never too late." And he said, "Well, in a case like that, come back next week." (laughter) So... It's never too late to become integrated. So come back next week, huh? (laughter) About right, Joseph? Today is the only day you could do it. Today is the only day you can do it.

Hi Christine, Thanx for the patience it must take to keep putting the work out there. [You're welcome—it's fun!] Feedback: I got it!! Somewhere between page 3 and 5 of January's THE WAY of Intelligence I got the relationship between reporting with feeling, keeping the mood up and the tone scale. Am now having

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fun playing with this. Also thanx for the Xmas present [the KTMU & NMAI "bumper sticker"] I keep it in the kitchen, a great little reminder. Love & Thanx, DB

You're most welcome. Every once in a while I am amazed myself watching the words print on the screen as I type, occasionally what comes out is pretty good, there was quite a bit of similar feedback. About the only thing I used to ask our dear Friend for was to bless my work--maybe he has. Thanx for your kind note (and beautiful card, Picasso's "Circle of Friendship" I think it would be great on the Party Story website!)

Hi, I had mistakenly thought that vital interest arose only when one was actively and exclusively engaged in self-knowing and self-remembering but today on my walk, I began to puzzle about a rule (feeling a need to check it out) that an outstanding bridge player I play with occasionally had told me about. As I walked I began to work through all the permutations I could and I could not find the "proof" for his rule. The walk went by in a hurry!! I returned home and crafted an e-mail to explain how I had tried to prove his rule but couldn't and asked for further explanation. As I think about this incident and the enthusiasm generated, I'm struck how successful this enthusiasm was in my work and volunteer careers, yet I don't generate this kind of energy at home. Perhaps for me enthusiasm in some spheres is easier than others but I don't see any reason that should be "writ in stone."

I'll give it a try. J

This reminds me of the principle "Increase your necessity," because we really don't do much of anything unless there is some necessity. Most of us make our home a place of least resistance (I know I try to), so it easy to drift into one's pet notch on the lower tone scale. I always find it easy to keep my mood way up when I'm working with people, it's letting my hair down at home where I have to be the most vigilant.

Hi Christine, After writing yesterday about my "discovering" vital interest and enthusiasm, I decided to play golf today with enthusiasm. I haven't had so much fun in a long time. I lost all my bets (even though I played somewhat better than usual) with an up beat mood and it continues. I like this a lot. Don't know what it might "look and feel" like further up the mountain but from vital interest the view is truly breath taking. J

To quote an old Friend of mine, "You sure can string those words together." I'm glad you're "top of the world!"

This in response to many readers requesting a practical lesson. Someone outside the teaching gave me this suggestion (indirectly; thankfully I was paying attention!), and then I remembered Dr. Bob speaking of this many years ago. My little boy and I decided to pay attention to one word in our vocabulary (originally, we decided on several words, but the remembering became too difficult). We

decided we would not use the word "try", as in "I'll try to complete that for you by Wed...." or "I'll try to make it for dinner at 7....". If I invited someone for dinner and they said I'll try to make it, would I set a plate for them? No, I would assume they weren't coming, and be surprised (maybe put out?) if they did and resentful if they didn't (that's a whole other lesson!). Well, little one, who is now 10, hated the work! "It's too hard Mom, I'm just a little kid" (albeit a very smart one)! He dug in his heels and was quite resistant, but we persevered. Our approach with him was different than our approach with each other as adults. Every time he insisted on using "try," I would assume that his answer was really no, and follow through with the appropriate action. This eventually forced him to anticipate my actions and really think before he spoke. With each other as adults we [parents] gently corrected each other when the "T" word was used; "you're going to what...!" which would then force us to rephrase our comment. It was more difficult than anticipated, because you don't just delete the "T" word, often the entire sentence must be rephrased. Also, we were forced to make decisions on whether we wanted to commit to do what we were going to "try" to do. We noticed a big difference in the commitments we made to each other and others as well. It's like dominoes; we don't use the word try, we make fewer commitments but keep the one's we make, we're more focused, and a big one for me, I'm more willing to do and fail in-

stead of not do at all, because I valued my decision to do it in the first place. Now we are uncomfortable every time we use the word try; it really has become a new habit with practice [work!]. Love you! Pat

I enjoyed this so much and am sure others will, too. Maybe they'll let us know.

Notes on Evil, Depravity, Ignorance

On page two I remarked that we can respond to this huge worldly mess we see every day with compassion—for those distressed, for those who live by ignorance. This doesn't mean pity (in either case) but understanding that everyone on earth does what is to them right or proper or justifiable at the moment—just like I do.

Which is not to let anyone off the hook, however—every adult is responsible, whether he or she assumes responsibility or not. He or she will pay that piper someday, somehow.

I came across an article I wrote in the 80s about ignorance. I thought I'd re-run it, it may shed some light on these issues, from a general point of view. And at the end I'll give Rhondell's definition of "evil"—though he probably would not use that word today, since it has been usurped by some to mean anyone who does not kowtow. I think the word "depravity" is closer to the meaning we of something we all recognize when we see it.

•

A radio newscaster was jabbering away one day and pronounced "ignorance" ig-NOR-ance. I don't remember anything else he said, but those three syllables pronounced that way made a big impression and have stayed with me ever since.

When I heard ig-NOR-ance, I suddenly saw a completely new definition of the word (to me), one far more accurate.

When we call someone ignorant, it may be a slur (he doesn't agree with me), or may be an accurate description of his condition. But usually we think of an ignorant person as having been deprived of some information, or in some way through no fault of his own, not exposed to it.

Most often I think ignorance does describe a condition of ignoring a thing—not a passive condition of non-exposure, but an active condition of choice. In this light it can be said that ignorance is a force.

Whenever I am given a flash of understanding, when the veils are rent for a moment and I see—at last!—the truth of a situation, I always notice in reflection that it was there all along, I just hadn't noticed it.

It has been said that the Work is not learning so much as *remembering*. It's taken many years but finally I see the accuracy of this. It is likely that we—the Real I—indeed contain all knowledge that we need and it is available to us as we let go of the barriers. At these wonderful moments we remember what we "know" all along. We have ceased ignoring it.

So it could be said that we all go

through life in a state of some degree of ignorance—we are ignoring certain things at any given time. This is an active choice!

By proper evaluation of an impression, we can use our power to ignore it or not, based on its value, which is based on our purpose. It is a power available to us *right now*, but it takes Initiative to use it. Ignorance, in this case, is a conscious action chosen. One consciously initiates to go passive to a disturbance. (An example of androgynous behavior.)

Now if we ignore the truth because we are distracted, or because it is just too painful, or because it clashes with a cherished belief, we have used the force of ignorance to protect what is—alas—of value, in this case non-disturbance (some part of the Four Dual Basic Urges).

Assuming, of course, that we are all interested in seeing and experiencing truth (!) we can call ignorance in this case a force—one used unconsciously to protect an ideal.

Have you noticed that facets of living are often two-sided coins? A blessing/curse, a tool/weapon, a blind force/conscious power—paradoxes—depending entirely upon our own perception and use of it (our experience) according to our purpose.

Ignorance is one of these—a force to use against our (real) selves/others or a power to use *for* ourselves/others.

Ignorance can be a great blind force or a conscious power. It can assist development (by ignoring what's not advantageous) or hinder it (ignor-

ing what is advantageous.

Because of great Work done by some people in the last century, a lack of opportunity to know the truth is no longer an excuse--it's "out there," available with little seeking. Those educated people in "power" (for the most part, just "in force") have chosen to ignore it, lest it upset their applectart. AND we can still have compassion for them. Think what some of those go-getters *could* have accomplished with the money, brains, and initiative at their disposal. We can grieve for their loss, and ours.

**Rhondell's definition of Evil:
Producing or threatening
sorrow, distress, or calamity.**

New Stuff

I'm so jazzed to announce some new features, thanx to my friends John and Paul, who at the same time both suggested some sort of on-line chat room or bulletin board, where readers of the newsletter can create a kind of community. Emails are flying as we're working out the details. I don't think I'm ready for a chat room yet--I'm still new at the technical part of the internet. But both have suggested some kind of bulletin board or discussion group where people can (1) read a "thread" that anyone can contribute to; (2) just "lurk" (internetese for reading without participating); or (3) just meet people to communicate with one-on-one.

While we were exchanging thoughts about this, I realized it's the perfect set-up for a web site I've wanted to do for a long time, "Sanity

Island." So it will be different than our other sites, more "secular" so to speak, in that there will be all kinds of stuff there that relates to anything in the world and how Sanity Islanders respond to it. For instance, besides the Bulletin Board/Discussion Group, the Facilities will include a Library, with the material you see on most of our sites and in the newsletter, and links to other good sites. There will also be a Sports Arena where the games of the world will be presented from the Sanity Island point of view; the Gift Shop (our leather goods) and Book Store, and where you can sell your own handiwork if you like (I've enclosed a flyer about this, let me know if you're interested).

To pique your interest, I'll tell you that no good island would be complete without a Zoo, a Chapel, a Health Care Center and (ugh) a Legal Office. And by all means, let us know if there is anything in particular you'd like to see. I know better than to give a firm date for the site to be up and running, but I'm working on it now. Keep checking at www.SanityIsland.com. We are putting the discussion group up right away, while the rest of the site is "under construction," the discussion group should be ready by the time you get this.

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Interesting

If you've read Idries Shah, you may recall references he made regarding learning in "regular" school (he was interested in general education as well as spiritual): that students actually learn better when in a state of boredom. This has always intrigued me and I have not been able to find any follow-up or further explanation of this in his material (and if you have, please let me know), but I did come across something quite interesting that reminded me of his remark. In a book about brainwashing, mind control, suggestion, conditioning, *The Manipulated Mind* by Denise Winn (available from ISHK) I found this, in the chapter on brainwashing of American POWs years ago: "The use by the Chinese of boring repetitive routines was based, says Meerloo, on the Pavlovian finding that any kind of previous conditioning, no matter how strong, could be rendered ineffective--inhibited--by boredom."

I have a guess as to why this might be so (having to do with most people not descending from high states to boredom to learn, but rather ascending from lower states of anger, fear, etc., to the relatively higher state of boredom... but I don't know). What I did see there was something people ask for all the time, "tricks" or methods to stay awake. Occurs to me that when we find ourselves in boredom (all that energy and nothing interesting to do with it) we can use the feeling as a reminder, "Wow, at this moment I can cancel out some conditioning easily!" Just a thought. (Ouspensky also thought boredom a very useful tool, especially with boring people.)

Harmony Workshop Websites

www.SanityIsland.com We're IN the world, all right, but don't have to be OF it. We can be Sanity Islanders. An on-line community for and about sane people. Site under construction but discussion group available now.

www.HarmonyWorkshop.com Links to all our sites.

www.Rhondell.com The complete catalog of books and tapes by Rhondell.

www.ThePictureOfMan.com Articles, graphics and reference material, Life's Word, Who's In Charge of Your Inner State, The Picture of Man for 12-Steppers, a narrated, animated Flash video of the Picture of Man drawn step-by-step, and more.

www.ThePartyStory.com What am I? Where am I? What's going on here? What can I do? A wise man's answers.

www.ThanXLife.com Are you bursting with gratitude (about anything) and want the world to know? Post your thanX here.

www.THEWAY-ofIntelligence.com Online version of this newsletter.

www.GoodLeather.com Harmony Workshop has good leather for sale--beautiful blank journals and small leather gifts, as well as some very good books.

www.HealingHandBook.com In the works

www.AwarenessJournal.com All the back issues of that newsletter, in the works

The PICTURE OF MAN for warmongers, any & all sides. The Way of the Jungle.



Reference Section

THE WAY of Intelligence

THE FOUR FORCES

INITIATIVE

First Force

Intelligence, Inspiration, Biological Factor, LIFE

RESISTANCE

Second Force

Always arises to meet Initiative in opposition, as opponents in a game; not "bad" but seen so when the purpose of living is to be non-disturbed because Resistance may be uncomfortable. Resistance is required for anything to develop.

FORM

Third Force

The manifestation of the play of Initiative and Resisting, producing:

RESULT

Fourth Force

How the above are experienced,
What's done with/about it.

THE FOUR QUESTIONS

WHAT AM I?

WHERE AM I?

WHAT'S GOING ON HERE?

WHAT CAN I DO, IF ANYTHING?

THE FOUR GREAT GAMES

that operate by suggestion:

POWER POLICIES--Decrees what's "in" and "out"

MEDICAL ARTS--Decrees what's "normal" and "abnormal"

THEOLOGY--Decrees what's "good" and "bad"

BIG BUSINESS--Decrees what's "pretty" and "ugly"

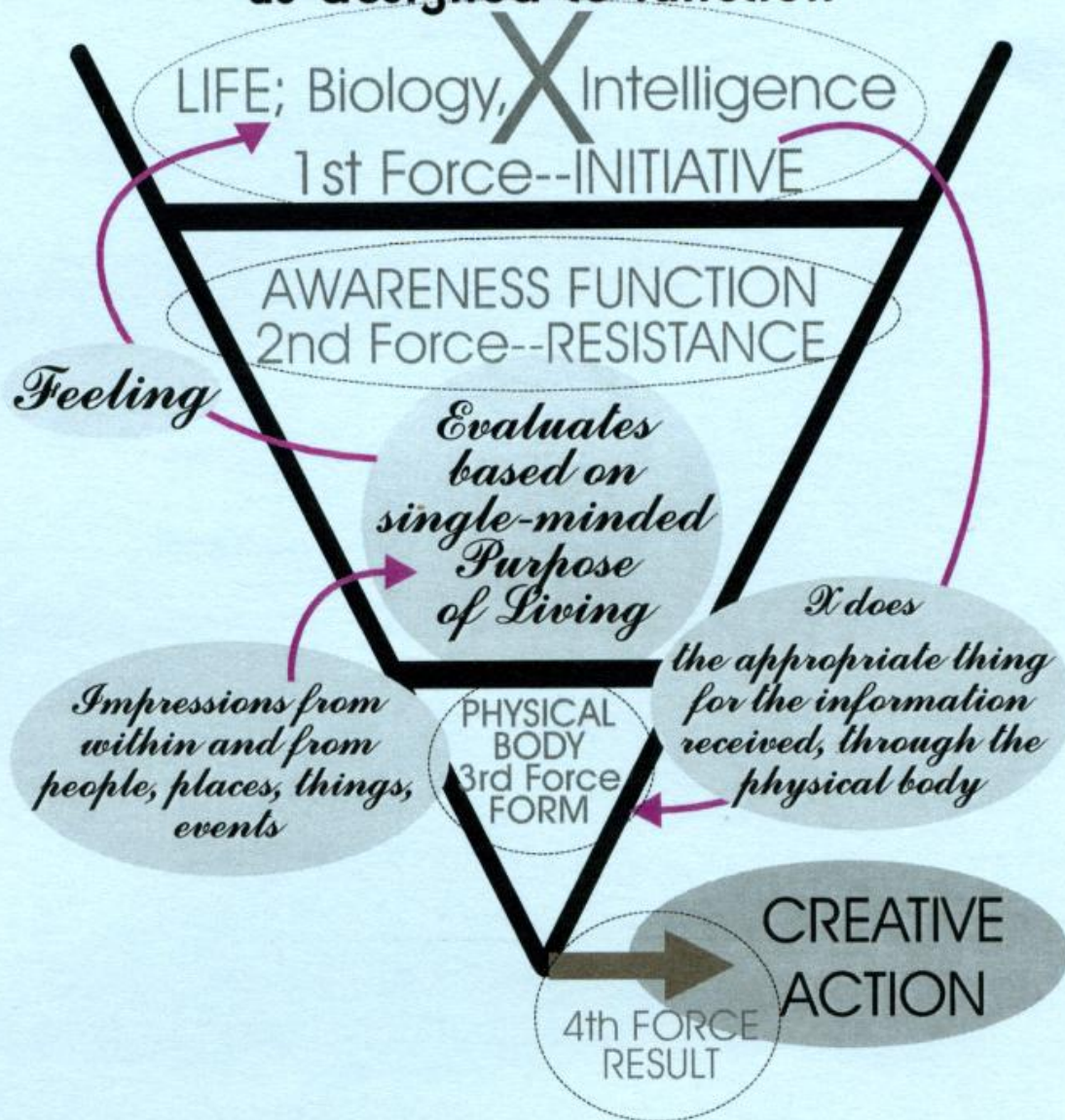
Definition of SUGGESTION: a threat or promise; anything presented with a threat or promise

A human being is 100% SUBJECT TO suggestion 100% of the time, but is free to ignore it.

THE WAY of Intelligence

THE PICTURE OF MAN

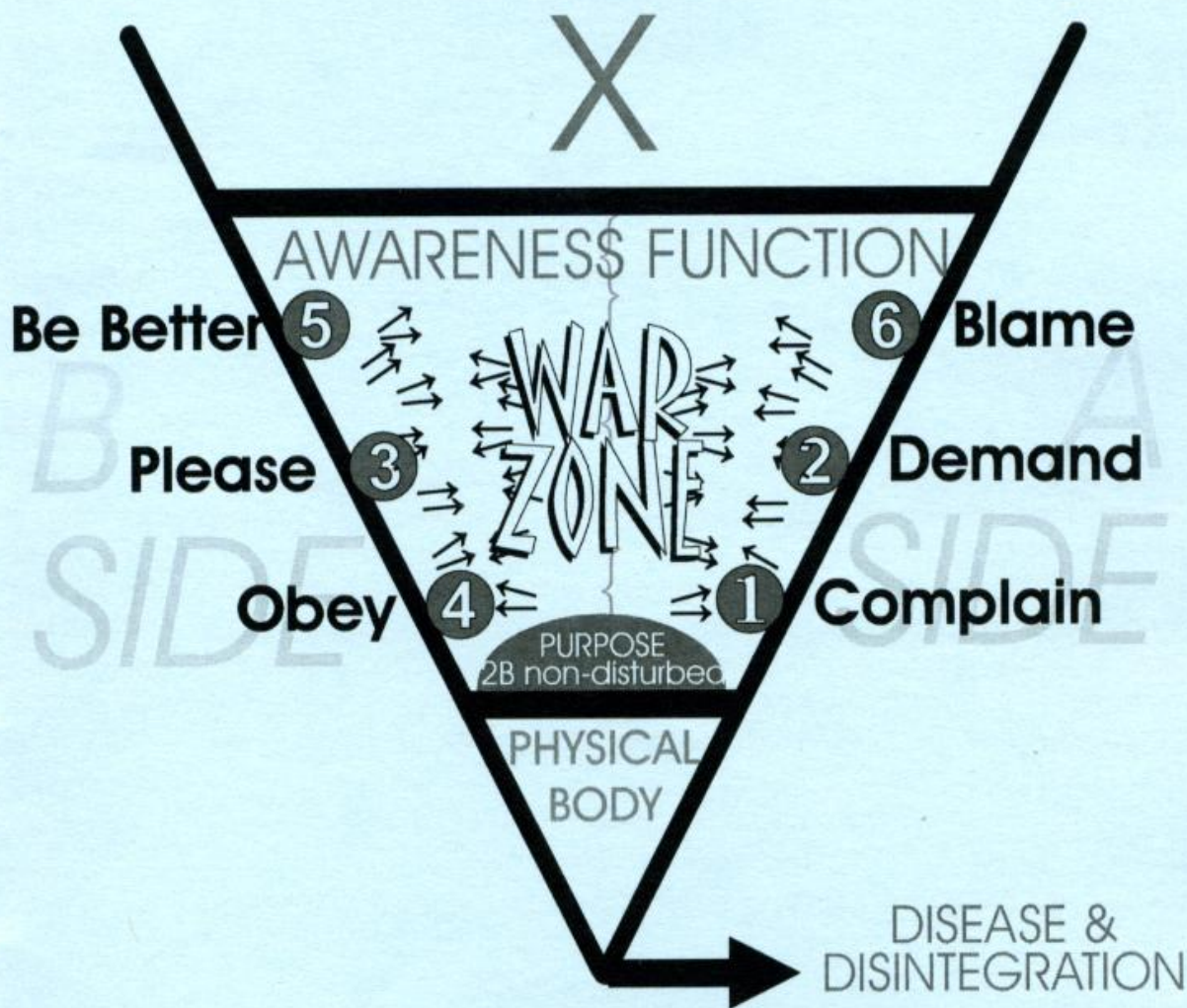
as designed to function



A human being has four aspects, which are not separate but are interdependent. The first is the biological aspect of LIFE FORCE, called X here because it is not really definable--one knows it's there, one knows when it isn't, in any creature. So, as in algebra, an X is used to denote that something is there which cannot yet be precisely defined. Next is the AWARENESS FUNCTION, which is the senses but more than the senses when developed. A developed Awareness Function is more than the "programming" of the brain, it determines feelings. The third aspect is the MOTOR FUNCTION, the PHYSICAL BODY through which life is lived. The fourth aspect is the ACTIVITY of the whole. When a single-minded purpose is the foundation of a person's life, there is no conflict and he or she functions with all aspects in harmony. The person is at ease.. The Awareness Function receives impressions from within and without, from other people, places, things, events. It forms a feeling about those impressions which it does not choose to ignore, and the feeling is in tune with the purpose of living. The feeling of Awareness is a medium of communication with the Life Force, X, which responds appropriately through the Physical Body to the information received, and Action ensues.

The Way of the World

THE PICTURE OF MAN
with purpose of living to be non-disturbed



Few people function as the human being was designed as in the previous diagram. When an infant is born, the trauma of leaving the non-disturbed uterine world is reacted to with a feeling that the whole purpose of living is to regain the non-disturbed state. That decision becomes the attitude and action from then on. As he grows, the child makes more decisions as to how to gain his purpose of non-disturbance. He complains, which works for an infant. When one day this fails to work, he sticks up for his "rights", or demands non-disturbance. (These begin the A-side of the Picture of Man.) Eventually he finds that pleasing people sometimes gets him his way. (This begins the B-side.) At this point conflict sets in. He wants to cry "but" feels he "should" please. Then he sees parents, teachers, others as authorities. This is understandable for a child and helps keep him safe. It is not adult behavior, however. The continual conflict between what he wants to do and what he "should" do (conflict between A-side and B-side) intensifies and he feels if he would improve, things would be better. This doesn't work, either, and he blames everyone and everything for his disturbances, living in conflict, except when distracted. Conflict is felt by the Awareness Function to be an emergency. This false emergency is communicated to the Life Force, X, which always does the appropriate thing FOR THE INFORMATION RECEIVED, in this case supplying energy to fight or run. If this mobilized energy is not used in violent activity, it disintegrates the body; using emergency energy in a non-emergency is unusual behavior; neither is harmonious living. Eventually disintegration ensues.

THE FOUR DUAL BASIC URGES

LEVEL	GAIN	ESCAPE
PHYSICAL	Comfort, Pleasure	Pain, Discomfort
MENTAL	Attention	Being Ignored or Rejected
EMOTIONAL	Approval	Disapproval
WILL TO POWER	Being Needed Feeling Important	Feeling Inferior Feeling Useless

The Four Dual Basic Urges are not "right/wrong" or "good/bad" or "should/shouldn't". They are simply byproducts or side-effects of living, not the whole purpose of living. Because all humans are subject to all the Four Dual Basic Urges, when they are made the whole purpose of living (unconsciously, beginning during the uncomfortable birth process) they have to result in conflict--one wants all the "gain" side and none of the "escape" side, and this is not possible on planet Earth. THE WAY of Intelligence is not to self-improve by rejecting them; The Way is to observe self and one's reactions to them, checking to see if they are the purpose of living--or not. They will come up and can be ignored if one chooses.

THE FOUR WAYS OF MAN

THE WAY OF THE JUNGLE

Kill anything that is in front of me and about to interfere.

THE WAY OF JUSTICE

"An eye for an eye"--not your life for an eye.

THE WAY OF UNDERSTANDING

Understanding that whatever any person including myself has done, is doing, will do, is felt at the time of doing to be right or proper or justified with the light he has at the moment.

THE WAY OF INTELLIGENCE

Aware of the Purpose of Living, the will to do it--knowing what I am, where one am, what's going on, and what I can do. In charge of my inner state.

PLEASE NOTE: If you do not understand or have any questions about this information, please do one or more of the following: go to www.pictureofman.com and read the material there and view the animated, narrated PICTURE OF MAN video lecture; go to www.rhondell.com and order "Who's In Charge of My Inner State?" or any other book or tape listed there; request back issues of newsletters from Harmony Workshop at 314-C East Broadway, Glendale CA 91205 (please send postage); email christine@harmonyworkshop.com or phone at (818) 552-2005