

# THE WAY of Intelligence

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Free

## Two Worlds

This issue is being prepared while your subscriptions cards with suggestions for topics are still going out, so please don't feel you've been ignored! I enjoy hearing from you and want to make the newsletter informative and enjoyable.

So this issue will feature a topic that seems quite timely today, surrounded as we are by non-stop unpleasant news of medieval gangsters, lunatic snipers, vaporizing investments, "justice" run amok, a so-called service economy where service is as rare as consciousness, and a hundred other things.

"Surrounded" is the key to keeping the mood up in the midst of all this--we are IN it, all right, but not OF it, if we don't want to be, if we don't identify with it. We are of Sanity Island, where it is serene, interesting, amusing, loving, and occasionally astounding.

THE WAY of Intelligence presents a simple yet elegant way of looking at the Two Worlds. The Work is to be vigilant, identify which world we are observing, respond appropriately. ❖

A question came in about dreams and synchronicities, how they fit into THE WAY of Intelligence. THE WAY, as it's presented by Rhondell, does not address dreams, other than to say that for the most part, most people are wander-

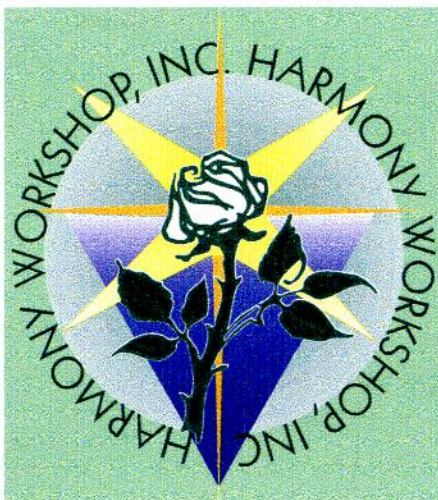
ing around in a dream world most of the time, and the work is to awaken.

Rhondell would occasionally work with an individual regarding a dream, usually helping the dreamer to discover Picture of Man symbolism within it, or more often just listening, especially if it happened to be a clairvoyant dream. (He said he seldom dreamed, about once a year, always the same simple dream.)

If you're interested in dreaming schools, I recommend Connie Kaplan's latest book, *Dreams are Letters from the Soul*. Her Way may be valid, though in my opinion much more complicated and quite difficult (though the Dream Circle is fun).

As for synchronicity, it's simple. All possibilities exist as potential, you can manifest them (or not). "Everything" is "out there," what we pay attention to is what we bring "in here." THE WAY of Intelligence is to acknowledge what we see and learn to value it responsibly.

I look at synchronicities as "postcards from Life"--"Hi, Thinking of you, Love, Life." Usually I laugh. People who make much more of them than that are using them to seek certain feelings. Observation demonstrates which ones. ❖



## Two Worlds

### Excerpts of a Talk Given by Rhondell

We will talk for a little while about two worlds. You may have heard some high-sounding words that we're in this world but not of it and wondered what that meant. So I'll try to make something where we can kind of comprehend that there are two worlds, we do live *in* one, and we are *of* another world.

#### The Manmade World

So I'll draw a little diagram. Now on this side I'll put "Manmade World". Now, before anybody jumps to any conclusions, manmade world is very necessary. We couldn't get along without it. Before we jump to any conclusions, it's necessary.

#### Ideas, Ideals, Standards & Games

The manmade world is the world made by man, the world of ideas, ideals, standards, and games. Now all of those are very essential for our everyday existence. We have ideas of all kinds and anybody can set up an idea and teach it to other people, write about it, whatever you want. Some will accept it and some won't. So what. That's all right. Maybe we'll put out one that a lot of people accept. Maybe we got one that nobody but me accepts. So, that's all right too.

#### Definition of Ideals

Now we have ideals. An ideal's about how far back from the property line a building's going to be put; how many square feet apartment space there is for occupancy in a building, and so forth, are all essential, and how fast we're going to drive on the highway. We can have as many ideals as we want, and set them up, and they are—as long as they don't relate to a living thing—

they're just fine. They're very essential. We have ideals that when you buy a book, that the columns are even, the margins are even on both sides. I don't know that it makes the book any better, but it looks better to us, as a general rule. But it doesn't make the material in the book any better, but we have an ideal to set it that way, is that right? It doesn't have any value as such except that it's pretty, it looks well that way. So we all have those.

We are IN the man-made world

A world of  
Ideas

Ideals

Machines

Standards

Where we play games composed of

Players

Officials

Rules

Rewards or Penalties

#### Definition of Standards

Now we have standards. I can order a pair of shoes and tell the man clear across the country to send me a pair of shoes with a certain size, which is inside of it. And I can get the shoes and they will in all probability fit pretty good, because they're that. I can order a shirt and say I want a certain size collar and certain length sleeves. Now if it wasn't for that we couldn't get along very well. We have, standards if you break a part on your car you can get another one, you don't have to go have it

on there, right? You have a piece of equipment at work you can get a standard. Thank goodness for all these.

#### Standards for People = Error

Now when we start saying we want to put a standard for people, that's when we get into difficulty. That's where one of these floaters we were talking about go floating around, that say you got to have a standard for people. ... so tall, so big around, no bigger. They got to weigh so much and no more, and on and on, all these standards. That's when you get in trouble.

We are OF the real world

A world of

Real living beings, no two of which are alike, no two of which are in the same identical environment at the same time.

Therefore a world where there can be  
**NO STANDARDS or OPPOSITES**  
 for living beings  
**Only DIFFERENCES.**

#### Games

The next one we have is games. A game has four situations involved. You've got to have a player, or you don't have any game. You've got to have officials whether it's in a rule book or whether it's a person, you have to have rules or there is no game. And you got to have officials to see that the rules are played, the game's played according to the rules. And then we have rewards or penalties. No punishment, just penalties. For not playing the game according to the rules, we get a penalty, if we get caught, and we usually do.

#### Example

So let's take a simple game called traffic. Now, it takes players. I notice there's a great number of players out there. That right? Especially about five o'clock in the afternoon on Friday.

There are a lot of players on the traffic game, right? And, there are officials out there. I notice they're there, they got little cars with little funny lights on top of them that blink and flash and funny sounds come out of them, and they got the rules. And the idea is that you say you know the rules because you had to write down that you knew the rules to get a piece of paper that says you're eligible to play the game. And, if you play the game according to the rules, you get to keep that little piece of paper, and if you don't play according to the rules often enough, the penalty is you don't have the piece of paper and meantime you pay a few dollars here and there for not playing the game according to the rules.

#### Business

Now this extends to business, at any level you want to go. I think the game rule book is called the Uniform Commercial Code. It's about the same in every state in the Union. They got a rule book. And you have officials that see that it's being handled properly. If you don't play the game according to the rules, you will find there are penalties for it. In no uncertain terms.

#### Games are Essential

We couldn't get along without all of these. It is very essential that we have the games, that we know about them, and if we want to we play the game according to the rules. We'd have to definitely say it's to my advantage to do so. I don't have to, for sure. I can violate every rule in the book out there, but it

wouldn't be to my advantage, would it? Doesn't ever seem to be, anyway.

#### Four Great Games

Now, there are four great games that go on that we seem to forget about, that they are games. Four great games. We'll put g-r-e-a-t in there. Four great games. That we get carried away with because we think these games and standards and etc. fit people.

#### The Great Games' Lie

Now the great game says that these standards and ideals fit living beings, just like it fits a piece of machinery or a part for your car or a part for your television or whatever you've got. They don't quite do that.

#### The Real World

So we'll go over to the Real World, it's the world of real living beings. I didn't say that was just limited to humans. Real living beings, of any sort. No two of which are alike. Did you ever notice that? Not even identical twins. No two of which are alike.

#### No Standards for Uniqueness

Now if you have a whole bunch of things and there's no two of them alike, you could not set a standard for it, could you? It's a unique work of art. That's it. So each is a unique work of art. So there can be no standards, no ideals for them, there they are. A unique work of art. There's not another one in all the world like you, is that correct? Wouldn't be one. So you couldn't set any standard for it, is that right? Can you imagine taking one of the great master's paintings of the Renaissance and setting up a standard for it? No, there's no two of them alike.

#### Each Person Is a Unique Work of Art

Now, each of us is a unique work of art. I didn't say how great we were, but

we're pretty unique, to say the very least, is that right? There's not another one like you. Have you met anybody just like you? [No.] And you never will. They even identify us by our little fingerprints and things you know, that we're different. Even they did that before we had Social Security numbers to prove we were different.

#### Every Living Being Unique

So everybody is unique. Every living thing, whether it's people or dogs or what. Now if you took a dog and decided that you wanted to make an ideal dog, you came up with that idea, and you made a mold, you caught the pup and tried to put him in it, and tried squeezing the clamps, I think you'd find he'd get vicious. Hmm? And maybe that's why so many people are a little vicious, is that they've been trying to force them into a mold

#### Power Policies

We'll go back to our four great games. The first one we will say is Power Politics. Policy Policies. That tells you what's "in," is that about right? It's in to like this and not like that. It's in to take sides. It's in to dislike one government and like another one. And so on. So, you have to be "in".

Now usually you cannot agree with all the "in" things. Did you ever notice that? You simply just can't quite agree with all of them, is that right? So, you feel that—they set up the standard for in, and you probably feel you're out of step in a lot of it, because you don't quite go along with all of it. Right? Wearing purple I believe is in now. You got purple stuff for you? [Nooo!] Okay. So we have power policies.

#### Healing Arts

Then we have the healing arts. And the Healing Arts sets up a standard of

"normal." Now, nobody knows what is this "norm," — there was no individual they pulled out here and said, now he's the norm — you take a bunch of averages. So you take a thousand people and you average something about them, any one particular thing, say, take their blood pressure, then you add all those numbers up and divide by one thousand. Now you got an average. And that becomes the norm, and maybe not a one of the thousand fit it. Okay? Maybe not a one. But you're checked and you're checked against the norm, and so you suddenly decide you have high blood pressure or low blood pressure, because yours doesn't fit that average that's set up as the norm. So, you are abnormal. I'm abnormal. Abnormal.

### Theology

Then theology comes along — and there's a lot of theology, not just one — there's a great jillion of them. But all of them's set up a standard of "good." And I'm sure that most people here have subscribed to one form or another of theology in your life, somewhere along the way, is that correct? Could you live to all of it? So you thought you were what? Bad. So you were bad, you're a bad person, you're guilty, you have all sorts of terrible things.

One guy told me the only way to be a good church member was to see how guilty you could feel all the time. If you felt real guilty you were good. So, you found out all the things you weren't doing right. So now then, you would have a feeling of being bad, if your [authority] is with theology. Because, as we said earlier, they don't tell you not to eat rocks. They tell you not to do all the things you're pretty apt to going to be doing anyway. Did you notice that? You're going to do them one way or an-

other, at least think about them. And — then they told you *that* was bad.

### Big Business

So the other one here would be Big Business. Big Business tells us what's beautiful. What's pretty. Last year's car is getting pretty shabby by now, it's ugly. Last year's dress you wouldn't be caught out the door with. Lapels have got to be the right width on your suit. I've got one that comes out about here on me. ...nicest suit I've never worn, but I wouldn't wear it out now because you know, it's out. It's ugly. It's terrible. And the ties run up and down, you know, like this. Sometimes they're way out here like chest protectors, and sometimes they're just little strings. But you wouldn't dare wear that wrong tie out, you know, everybody says, there goes that hick. And you don't go around with all sorts of things. Your shoes have got to look right, your shirt's got to look right, your tie's got to look right, your belt's even got to, they vary in width, too. So all these things are that we feel that we are ugly.

### Weight

Now that is one I forgot to mention, is how much you weigh (laughter). We said they added ten pounds for everybody the other day, but that was just a little reprieve. Nobody bought it, I don't think. Because too long they've been saying that if you were anything other than Twiggy, you were ugly. And so now we have all of this. So we've got to be made over in many ways in order to be pretty. Fit the standard, is that right? You know haircuts is all different now, too. Ken hasn't heard about it, but (laughter) Let him in on it, will you, that it's supposed to be clipped these days, trimmed neat and all this stuff. Not too long ago if you didn't have it

down to here you were out, ugly. Now then, you know, that was another one of those hick deals. Had your hair cut too ... You know what a hick is? That's a guy who wears his train ticket inside of his hatband.

#### **None of Us Fits Standards, Norms, Ideals**

So, we have found that most of us would have to come up, without really paying too much attention, and find that we are bad, ugly, abnormal, and out. Bad, ugly, abnormal, and out. That means that you need a lot of work here.

#### **The Great Games Are Sly**

Now, it just so happens that all these professional things here, these four big games, are set up to furnish you the way to get out of it. Have you noticed that? They're all there.

Now, if you don't fit my norm, why, you need to be a patient. So everybody's a patient. If you don't fit my political ideas, you need to be straightened around so you see it like it really is. And if your theology says something, you are bad and you should subscribe to mine and get with it and live it right. And in big business, if you're not pretty, just come around, we've got the products and the service to fix you up.

#### **Interesting...**

So, I think that this is very interesting to observe that the ones that create the problems are the ones that's in the business of correcting them. I've heard one time they call that leaving the fox to look after the hen house. Something like that. Hmm?

#### **The Root of the Idea of Self-improvement**

So here's where we all decide that we need to be improved so much. Now, how you going to improve on a unique work of art? There's not another one like you anywhere so how you going to

improve that except try to make you look like one of a standard bunch of paper dolls. Would you like that? You don't want to be.

#### **Inherent Conflict**

You want to be unique, don't you? But at the same time you feel you ought to fit the standards over here, is that right? So you won't be bad, ugly, abnormal and out. Most especially ugly, we'll stand, we'll stand out, the bad part, we can tolerate that a little easier, we can all justify that to a wee bit, but not the other thing.

#### **A Trick**

So, if we see that all these feelings of inferiority and being bad, ugly and abnormal, out was a trick played on us, maybe we could quit feeling that way.

#### **You Can Determine How You Feel**

Do you think that'd be all right, to quit feeling that way? Do you feel bad, ugly, abnormal and out sometimes? Once in a blue moon? So I think we could all quit that. Could you quit feeling that, Jim? [I don't know. (laughter)] Well, I don't see any reason to keep it up when we see what it is.

#### **Great Games Deny the Real World**

It's a trick played on everybody that says there is only one world, that's the manmade world, there's no real world over here of individuals, which every one is different, but you are that. You stop and look at it, you are that, is that right? [That's right.] You've never seen another person just like you in all your life, have you? Thank goodness. (laughter) You won't. So, there's nothing to all this stuff down here, right? That right?

#### **Why Let Them Determine Your Inner State?**

So why would you go along and let everybody have you feel you're bad,

ugly, abnormal and out when there's absolutely no reason for it except that somebody put the fox in charge of the hen house? [That's a good question.] That's a real good one. I think we can stick with it a minute or two and maybe we can see that I don't have to go through that. I have my own idea of who I will like and who I don't like, that's me, that's part of that being a unique work of art. I feel fine so I don't have to be checked and see if I fit any hypothetical standards.

### The Hypothetical Standard

I studied that hypothetical standard and I found out that made it easy, because then everybody I met was a patient. I didn't have to wonder what to do about them, they were a patient, they were abnormal, so naturally they needed my services. Like a hole in their head they needed it, but you know, I took the money and went on, happy with it. I never tried the theology game very much, but I have been around it a bit, and I have found that about anything that anybody likes to do, some theology is bound that it's bad. Real bad, huh? Is that right? Hey, they found something very bad about it, and you mustn't do that. And you should feel guilty if you did, or even thought about it.

And we all are very much involved with the big business deal that if you bought your television two years ago, it's out of kilter now, it's a no-go, you know, doesn't have all the newest gadgets on it. Record player probably doesn't have Dolby on it. Or it doesn't have metal tape capability. And so on down the line. So everything looks bad, your car is all out of kilter if it's over two years old. One year it used to be, now two you can barely get by. But a three year old car and you're in a mess.

You know. Mine's about twelve, so I'm in horrible shape. But nevertheless it runs good and I like to drive it. So, keep it around a little while yet, you know. Who cares.

So big business says that all these things are ugly. If you don't buy this, you don't have that, then you're an ugly individual and you should improve yourself by buying the appropriate products and services. Is that right? Who has to buy that? Do you? Do you have to buy that? Don't have to. Do you? [Well, I've tried to buy most everything I can. (laughter)] ... But it can keep you tangled up. So now we can change it if we want to or if we know it.

### No Need to Change

Now I'm not suggesting anybody change it. I'm only saying there's more than one way to look at things, and here is a way of looking that is very liberating, and there's other ways of looking that is very binding. Now, if you want to be in a bind all the time, be my guest. I don't want to put anybody in a bind and I don't want to be in one, but if you want to be in one, that's fine, you can feel you're bad, ugly, abnormal and out, and worry a lot of about it, spend all the money you can get out of it or whatever you want, can't you.

### You Can See Differently

You can also say, look, I'm unique, I'm different than all the rest of the folks in the world, thank goodness, and I'm not bad, I'm not ugly, I'm not abnormal, I'm not out. If I'm out, thank goodness. I kind of like it that way. But, if you want to look at that way, why you can be as miserable as you want.

### The Path to Misery

That's the path to misery, to make yourself totally subject to the four great games.

### The Only "Authorities"

And say they are the authorities. Because you know, we talked about a while ago, believe and do as you are told by your authorities. There's all your authorities right there, isn't it? That's the only authority you can come up with, is those four great games.

### Bondage

Now if you want to be in total bondage to those authorities, you are welcome. It's a very unpleasant existence, but if you want to do it, you're welcome to it.

### End Bondage When?

But if you don't want to be there, you can certainly see it. So, it seems to me that we can end anything we want to right now. We could end it.

### Old Purpose / New Purpose

Now you can't start something new until you've ended what you're working on. So we looked a while ago you had a purpose to be non-disturbed, regain the non-disturbed state. We all had it unconsciously. Well, you can't take on another purpose until you end that one. So when you see that one has done nothing but lead you into tremendous, unpleasant existence along the way... most people have a certain amount of things they don't like everyday in their lives. And so they got there because of these things.

### Using Intelligence

Now if you want to end it and say I'm no longer struggling after being non-disturbed because I see it's not an intelligent thing and it won't work anyway, then you've brought it to an end. And you might start some other purpose. And this afternoon we'll talk about the possibility of another purpose. So, instead of having an uncon-

scious purpose, maybe we will talk about a conscious purpose. Now if you know what you're working for, it seems it would be more adequate to get to it than if you really weren't real sure what you're working at. That possible?

We've known about the methods over here but we really hadn't seen the purpose we're working on. So if we'd seen the purpose maybe we would find some totally different approaches to have that purpose, and maybe it would be an awful lot easier than the one we're working on now.

### Changing Purpose

So you see that that purpose is really not to your advantage, is that right? When once you see you've had it, and didn't know you've had, you could lay it down, could you not? No rule says that because I've used it for these twenty-seven years I've got to use it the rest of my life. Is that right? Okay. Lay it down. Yes?

### [A question about the four games]

The big games, okay. (Audience: Well, in society, interaction with people...) I've noticed that (and they've made reference about you, about how you are doing, let's say big business, whatever it is, ... and they reject you or whatever you want to call it, if you're not on their so-called level. Buy this kind of car... and you really want to interact with people. And if you, it's very well to live in the other world where there's not standards... but you still have to...) You have to please these other people, huh? (Yeah...) Honey, I don't think so. Have you ever experimented with it, or you philosophyin' on me here a little bit? Now look... [No...] Real in class people driving fifty dollar mobiles around town, ... that's "in" for them, because they went



against the idea that you got to buy the newest thing every year. [Some] people have found that they can be themselves without fitting these standards if they don't make an issue out of it. Now, if you go around telling people, "I'm not going to go with what's in this week," they will begin to static with you. But if you don't say anything about it, they won't ... really.

### The Sly Man

It's always to play a low profile, you don't go around advertising what you're doing. You said, I'm not going to live in keeping with these four great games—you're already "out." But if you don't say a word about it and just don't do it, nobody notices it. You know people think a lot less about you then you think they do.

[I've seen...] Well I've seen it too. But you know, they get over it in a few minutes. I've had people react to a lot of things. But you just go on and do it anyway, and don't make a big issue out of it. The biggest one that gets people is when you challenge them.

You don't have to tell anybody about any of these... I'd just as soon wear a suit that I bought in the last year, as one that I bought seven years ago. But it isn't because of that. I wear... sometimes... (laughter) Black cape and a black hat and a black cape and a black pair of slacks... you know, everybody got along all right with it. A few people got upset (laughter) ... came up in a black limousine sitting in the back seat. And, you know, that's all right.

### His Unusual Behavior

Now I do those things sometimes to try to do a practical demonstration of something ... Now if you felt bad about doing that, if I felt bad about it or felt self-conscious over it, everybody'd be

upset. But I was having fun so the rest of them had fun.

### The World Reflects How You Feel About It

You know, if you feel you live in a world full of jerks, most of them will behave that way to you. If you feel you live in a world full of wonderful people, most of them will behave that way to you, they're wonderful people. So if I expect that people's going to reject me for one reason or other, they usually oblige. (laughter) But if I don't expect they're going to, and they see the joke in what I'm doing, why, they don't reject me very well. You used to be around when I wore the black cape, right? Yeah, it went off all right, didn't it? (Man: And the red lining) Black, black, black.

One day a man came in a class we were having kind of privately and he was sitting there and he said, do you realize you have everything you have on is black? I had on black shoes and black socks and black shirt, black turtleneck shirt, black everything ... (laughter) So he got up and run, he never did come back. Still running. You don't have to fit anybody's standard as long as you know the world's populated with nice people. Now if you think the world is populated with a lot of jerks [I know, that really hit home.] Okay. Remember that one real good, will you?

(Remark from audience: According to my observation we living in a LUNATIC asylum and the lunatics are running the asylum!)

That's right. And they're the patients. Both the inmates and those running the joint, is that right? (Yeah, they have created a situated a situation where their existence, their lifestyle is justified because they have created the problem and they're staying in business in order to solve the problem.) Yeah, but I don't

see that that's lunatic, to me that is VERY super smart! (laughter) You see, if I can create a problem, and then charge for solving it, it looks to me like I've found a business opportunity. (I certainly can agree that this would make the world economy, but...) Who said it should be anything other than that? You want to make it serious or something? (Well, if it weren't that there's so much wreckage and suffering that goes along with this particular game...) Oh, well, that's because people take it serious. If they knew it was a game they wouldn't be upset by it. I'm living in the midst of that game and I don't have any great suffering or any misery about it.

[End of excerpt.]

## Harmony Workshop's Websites

[www.HarmonyWorkshop.com](http://www.HarmonyWorkshop.com) Links to all our sites

[www.Rhondell.com](http://www.Rhondell.com) Complete catalog of all Rhondell material for sale

[www.PictureOfMan.com](http://www.PictureOfMan.com) Articles, graphics, a video, and pamphlets to download

[www.GoodLeather.com](http://www.GoodLeather.com) Journals and small leather items and good books for sale

[www.ThePartyStory.com](http://www.ThePartyStory.com) What's going on here? Rhondell's point of view

NEW SITE

[www.ThanXgiving.com](http://www.ThanXgiving.com) Bursting with gratitude and want the world to know? Post it here. (email [ThanX-Life@ThanXgiving.com](mailto:ThanX-Life@ThanXgiving.com))

### New Website

As I said in your renewal letter, a lot of people express gratitude for the material (and a lot of other things). One friend who lost two adult children over a short time continually thanked Life for the principles (which she has *used* for years), knowing she got through it completely intact only because of this gift, her ability to see. She and others

(including yours truly) experience the blissful feeling of overwhelming gratitude every day, no matter the situation--and usually the rougher the situation the more appreciation for the foundation we have, although I always say Thank You Life even for parking spaces and good movies on TV. The contrast between the thankful and the whiners is interesting, as though they live on different planets. (They certainly live in different worlds.)

One day the mail contained four notes, just expressing thanX. I thought, these lovely letters ought not to stop here, I'd like to send them out into the ether, to increase and multiply. So I ordered [ThanXgiving.com](http://ThanXgiving.com). You can post thanX about anything at all there, and you needn't sign it, if you're shy. If you're computer-illiterate, use snail mail and I'll post it for you.

So often people choose cards that in some way reflect the material (often a rose, or a nice saying) and I'll see if there's a way to put photos of those up, too (I think there is.) Of course, I won't put anything there without your permission.

The site should be ready by ThanXgiving Day, G-d willing and the creek don't rise, but you can go to the site and start posting via email right now. (You won't be able to read them until the site is finished.) And while we're on the subject--thank YOU.

### Good Book

A Movement and a Rest  
by Larry Underwood

I had a hard time choosing an excerpt of this book to entice you to read it--every page is wonderful. Although it's sort of "The Principles for Engineers," is is much more than that. It can be approached by anyone, even my

would thoroughly enjoy it, having to skip only about two paragraphs. It is available from Harmony Workshop for \$7 which includes shipping (CA residents add .58 tax). Here's the Introduction, then a listing of some headings of small (a paragraph or so) sections.

## A Movement & A Rest by Larry Underwood

### Introduction

In 1969, the United States put a man on the moon; the world stood still and watched. Reporters were dazzled as was everyone else.

At an evening newscast, I heard a reporter ask, "If we can send a man to the moon why can't we solve our social problems here on the earth?" I liked this question. It sounded like a fair one.

I asked myself, what does the space program do that our social architects don't do? I had learned that for weighty queries such as this one, the question should not be dealt with by the mind. Instead, it should be placed on the table of unanswered questions. We will check back from time to time later and the answer, if there is one, will be there.

A few weeks later, I returned to the question and found the answer. We could better understand our social problems on earth if we approached them in the same way that we go about solving our science and engineering problems. I realized that in scientific research, we explore all of the influences around the problem at hand; we model these influences or forces, and we record them as a mathematical formula if we can. I looked at some of the engineering formulas that I frequently use and noticed that the main differences between the social and scientific approaches are that most all scientific for-

mulas include both the initiative force (a force that initiates action) and the resistance force (a force that tends to resist or absorb action).

I thought, "Our social system doesn't have a respectable word for 'resistance.'" In engineering, the force or resistance is given the same weight and importance as the initiative force. Socially, most people either neglect and ignore this resistant force as an influencing factor, or they act as if it is our adversary and even go to great lengths to avoid life's resistance. Our society certainly doesn't embrace this influence like our scientific formulas do. Many would say that we cannot expect formulas written for material things to apply to human beings or our human society.

I thought about this for several years afterwards, reflecting upon it from time to time. It was my answer to the reporter's question. I was at peace with my answer. I encourage you not to answer this basic question for yourself until you finish reading this book.

Still more years passed. Being a student of uncanonized gospels, one Sunday afternoon I was rereading one of my favorite books, *The Gospel According to Thomas*, and came upon the following passage:

"If they ask you, 'What is the sign of your father in you?'" say to them, "It is movement and a rest."

"It is a movement and a rest." I found myself attracted to these cryptic words. My mind kept returning to them. What were they saying? After several rereads, I noticed that it included, in a prominent place, the term "rest," and this word was placed in association with, or in opposition to, another term, "movement." I was a bit confused! Were they in association or in opposi-

tion? This stirred me. You see, I grew up on a farm and ranch and my father said many disapproving things about rest. It was something you did when you were sick. People who rested were “bums” and “no-accounts.” Now it seemed like Christ was saying to me that rest was OK and a person could do it any time he or she wanted to! (I found that I had a lot of preconceived notions about Rest.)

As I thought about this over time, it seemed to me that Christ was trying to describe life’s creative and motivating forces and how they work together. The best way for me to think and to clarify an issue is to write, so I began writing. My answer to the reporter’s question came to mind. I read much on the subject. Gradually, I came to see a “movement and a rest” as another way of expressing the classic ingredients of initiative and resistance. It was a framework for understanding how things are done, even in our social lives.

When most of us think of doing something, we think of the “start up” or the initiative part of it. But whether we know it or not, there is a companion force to initiating things. And that is the force of resistance or rest. It was beginning to look like this ingredient had to be present for anything to happen. At this point, I postulated that in order for life, a business, a machine, a planet, or anything to happen, there has to be this pair of forces working together. I then went back to reread the passage, and I felt all the more that this principle also applied to social situations. I began writing my observations regularly. I saw more clearly that the influence of rest or RESisTance was a respectable and equal force whenever it appeared in life. ...

[Some Subject Headings]  
Polarities and Myths

First Force, Second Force, Seeing Both Forces at Once

Everyday Life—Cars, Work, the Zipper, Music, Cooking

Energy

Weather

The Sign of Zorro

Giving Shape to Things

Batteries

Our Bodies and Our Spirits

Murphy’s Law

Baby Chicks

E = IR

Creation and Re-creation

Sorting Our Our Sock Drawer

Government and Big Business

The Polarities in What and How

The Circle and the Line

Travail, Chaos and Pain

Oh God, You Devil



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P.S. Your cards started coming back since I began putting this issue together and I’m glad so many put suggestions for future topics. “Accurate Reporting” is hands-down the most requested theme, so the next issue will explore that in depth, including what I think is a very common misconception about it. Also lots of people say they want a bigger letters column—there can be only as many letters as get sent! If you want to see letters, send some (please keep them short if possible). ThanX for your input!

[www.thanXgiving.com](http://www.thanXgiving.com) is now set up to receive postings even though the site’s not quite finished.

# Reference Section

# THE WAY of Intelligence

## THE FOUR FORCES

### INITIATIVE

#### *First Force*

Intelligence, Inspiration, Biological Factor, LIFE

### RESISTANCE

#### *Second Force*

Always arises to meet Initiative in opposition, as opponents in a game; not "bad" but seen so when the purpose of living is to be non-disturbed because Resistance may be uncomfortable. Resistance is required for anything to develop.

### FORM

#### *Third Force*

The manifestation of the play of Initiative and Resisting, producing:

### RESULT

#### *Fourth Force*

How the above are experienced,  
What's done with/about it.

## THE FOUR QUESTIONS

WHAT AM I?

WHERE AM I?

WHAT'S GOING ON HERE?

WHAT CAN I DO, IF ANYTHING?

## THE FOUR GREAT GAMES

that operate by suggestion

POWER POLICIES--Decrees what's "in" and "out"

MEDICAL ARTS--Decrees what's "normal" and "abnormal"

THEOLOGY--Decrees what's "good" and "bad"

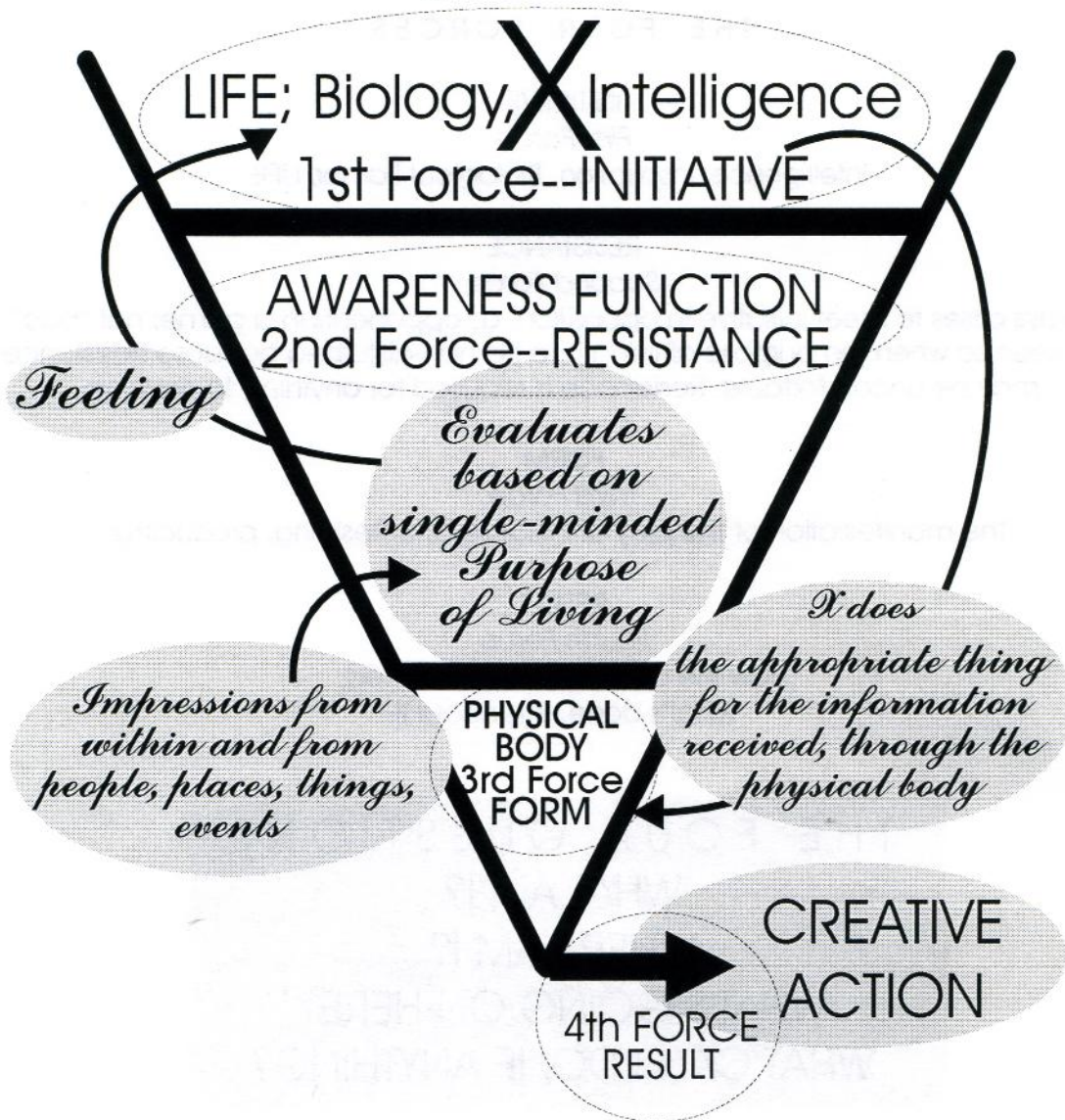
BIG BUSINESS--Decrees what's "pretty" and "ugly"

Definition of SUGGESTION: a threat or promise; anything presented with a threat or promise

A human being is 100% SUBJECT TO suggestion 100% of the time, but is free to ignore it.

# THE WAY of Intelligence

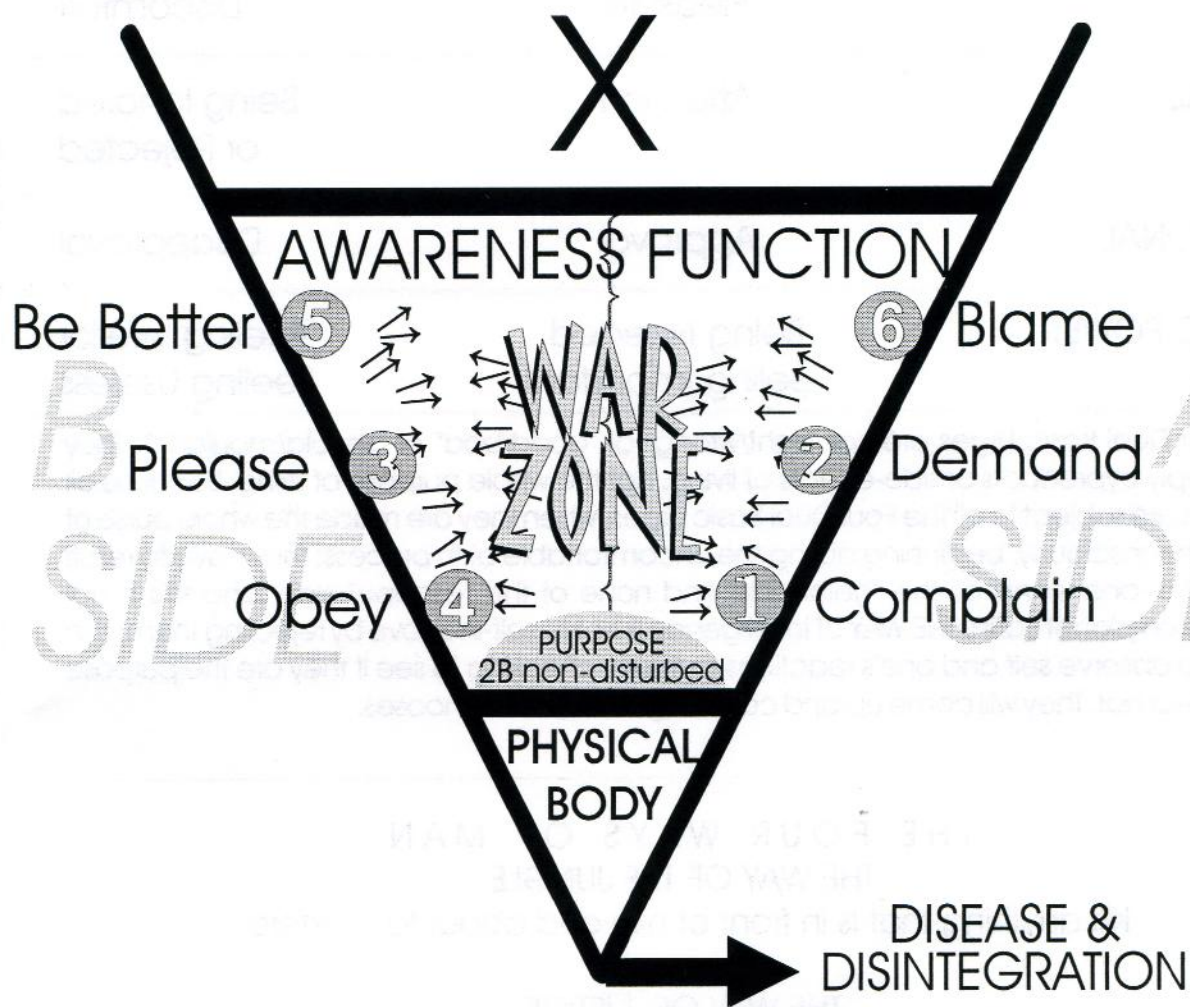
## THE PICTURE OF MAN as designed to function



A human being has four aspects, which are not separate but are interdependent. The first is the biological aspect of LIFE FORCE, called X here because it is not really definable--one knows it's there, one knows when it isn't, in any creature. So, as in algebra, an X is used to denote that something is there which cannot yet be precisely defined. Next is the AWARENESS FUNCTION, which is the senses but more than the senses when developed. A developed Awareness Function is more than the "programming" of the brain, it determines feelings. The third aspect is the MOTOR FUNCTION, the PHYSICAL BODY through which life is lived. The fourth aspect is the ACTIVITY of the whole. When a single-minded purpose is the foundation of a person's life, there is no conflict and he or she functions with all aspects in harmony. The person is at ease.. The Awareness Function receives impressions from within and without, from other people, places, things, events. It forms a feeling about those impressions which it does not choose to ignore, and the feeling is in tune with the purpose of living. The feeling of Awareness is a medium of communication with the Life Force, X, which responds appropriately through the Physical Body to the information received, and Action ensues.

# The Way of the World

THE PICTURE OF MAN  
with purpose of living to be non-disturbed



Few people function as the human being was designed as in the previous diagram. When an infant is born, the trauma of leaving the non-disturbed uterine world is reacted to with a feeling that the whole purpose of living is to regain the non-disturbed state. That decision becomes the attitude and action from then on. As he grows, the child makes more decisions as to how to gain his purpose of non-disturbance. He complains, which works for an infant. When one day this fails to work, he sticks up for his "rights", or demands non-disturbance. (These begin the A-side of the Picture of Man.) Eventually he finds that pleasing people sometimes gets him his way. (This begins the B-side.) At this point conflict sets in. He wants to cry "but" feels he "should" please. Then he sees parents, teachers, others as authorities. This is understandable for a child and helps keep him safe. It is not adult behavior, however. The continual conflict between what he wants to do and what he "should" do (conflict between A-side and B-side) intensifies and he feels if he would improve, things would be better. This doesn't work, either, and he blames everyone and everything for his disturbances, living in conflict, except when distracted. Conflict is felt by the Awareness Function to be an emergency. This false emergency is communicated to the Life Force, X, which always does the appropriate thing FOR THE INFORMATION RECEIVED, in this case supplying energy to fight or run. If this mobilized energy is not used in violent activity, it disintegrates the body; using emergency energy in a non-emergency is unusual behavior; neither is harmonious living. Eventually disintegration ensues.

## THE FOUR DUAL BASIC URGES

LEVEL	GAIN	ESCAPE
PHYSICAL	Comfort, Pleasure	Pain, Discomfort
MENTAL	Attention	Being Ignored or Rejected
EMOTIONAL	Approval	Disapproval
WILL TO POWER	Being Needed Feeling Important	Feeling Inferior Feeling Useless

The Four Dual Basic Urges are not "right/wrong" or "good/bad" or "should/shouldn't". They are simply byproducts or side-effects of living, not the whole purpose of living. Because all humans are subject to all the Four Dual Basic Urges, when they are made the whole purpose of living (unconsciously, beginning during the uncomfortable birth process) they have to result in conflict--one wants all the "gain" side and none of the "escape" side, and this is not possible on planet Earth. THE WAY of Intelligence is not to self-improve by rejecting them; The Way is to observe self and one's reactions to them, checking to see if they are the purpose of living--or not. They will come up and can be ignored if one chooses.

## THE FOUR WAYS OF MAN

### THE WAY OF THE JUNGLE

Kill anything that is in front of me and about to interfere.

### THE WAY OF JUSTICE

"An eye for an eye"--not your life for an eye.

### THE WAY OF UNDERSTANDING

Understanding that whatever any person including myself has done, is doing, will do, is felt at the time of doing to be right or proper or justified with the light he has at the moment.

### THE WAY OF INTELLIGENCE

Aware of the Purpose of Living, the will to do it--knowing what I am, where one am, what's going on, and what I can do. In charge of my inner state.

PLEASE NOTE: If you do not understand or have any questions about this information, please do one or more of the following: go to [www.pictureofman.com](http://www.pictureofman.com) and read the material there and view the animated, narrated PICTURE OF MAN video lecture; go to [www.rhondell.com](http://www.rhondell.com) and order "Who's In Charge of My Inner State?" or any other book or tape listed there; request back issues of newsletters from Harmony Workshop at 314-C East Broadway, Glendale CA 91205 (please send postage); email [christine@harmonyworkshop.com](mailto:christine@harmonyworkshop.com) or phone at (818) 552-2005